

# Unleash the Leader Within



## COURSE OUTLINE

### Overview

Effective leadership skills are vital for any manager, supervisor or team leader wishing to get the most from your team. This course provides leaders with the tools and strategies to motivate their teams, introduce change and produce great results for the workplace. Managers will gain a better understanding of leadership, strategies for successful leadership and skills for achieving great results with their teams. Participants will benefit from a practical and hands on approach to leadership giving them an opportunity to enhance their leadership skills. The course demonstrates that successful leaders come in all shapes and forms and identifies the characteristics that you can draw on to be an effective leader.

### Value Add

- Participants will be stimulated to be forward thinking and inspirational leaders.
- The program energizes participants to make real changes in their leadership approach.
- Increased motivation for their employees and a more productive workforce.
- Identify the skills required for leadership excellence and apply these in practical exercises.
- Gives managers the ability to plan their own self development as a leadership strategy.

### Learning Outcomes

1. Knowledge of successful leadership strategies, characteristics and traits.
2. Understanding of strategic approaches to leadership.
3. Ability to apply leadership skills to motivate your team.
4. Understanding of leadership ethics and applying equality and fairness in the workplace.
5. Knowledge of self development strategies to improve leadership skills.

### This course would be ideal for...

Managers, supervisors and team leaders who:

- Wish to enhance their leadership skills.
- need to improve team motivation and productivity.
- Wish to become more strategic in their approach to leadership.

### Contact Us

Level 2  
"The Mansions"  
40 George Street  
Brisbane Qld 4001

Phone: 07 3012-8038  
E-mail: [enquiries@xlr8.net.au](mailto:enquiries@xlr8.net.au)  
Website: [www.xlr8.net.au](http://www.xlr8.net.au)

# Unleash the Leader Within



## SAMPLE PROGRAM

Time	Topic	Participant Activity
9.00	<ul style="list-style-type: none"> <li>• <b>Welcome</b> <ul style="list-style-type: none"> <li>⇒ Introduction of presenters</li> <li>⇒ Introduction of participants</li> <li>⇒ Context of workshop</li> </ul> </li> <li>• <b>Key questions to be answered by the end of the workshop</b></li> <li>• <b>Understanding Leadership</b> <ul style="list-style-type: none"> <li>⇒ Leadership and management</li> <li>⇒ Theories of Leadership</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Introduction activity</li> <li>• Participants to brainstorm key questions and outcomes</li> <li>• Small group activities involving leadership and management approaches</li> <li>• Exercise in applying different leadership theories</li> </ul>
10.30	Morning Tea	
10.45	<ul style="list-style-type: none"> <li>• <b>Understanding Leadership cont'd</b> <ul style="list-style-type: none"> <li>⇒ Traits and characteristics</li> <li>⇒ Leadership roles</li> </ul> </li> <li>• <b>The Strategic Leader</b> <ul style="list-style-type: none"> <li>⇒ Promoting the vision</li> <li>⇒ Leadership and planning</li> <li>⇒ Successful strategy</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Review of leadership approaches taken in your organisation</li> <li>• Large group activity relating to roles</li> <li>• Assessment of participant's strategic leadership approach</li> <li>• Small group activity regarding planning and strategy</li> <li>• Case study 1</li> </ul>
12.30	Lunch	
1.15	<ul style="list-style-type: none"> <li>• <b>Motivate your team</b> <ul style="list-style-type: none"> <li>⇒ Build the right team</li> <li>⇒ Setting goals</li> <li>⇒ Inspiring success</li> </ul> </li> <li>• <b>Ethics and Equality</b> <ul style="list-style-type: none"> <li>⇒ Your values</li> <li>⇒ Rights and obligations and duties</li> <li>⇒ Justice and fairness</li> <li>⇒ Lead by example</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Exercise in team building – group discussion.</li> <li>• Small group activity relating to goal setting</li> <li>• Development of strategies for inspiring success in the team.</li> <li>• Various case study exercises to examine ethics, fairness and equality</li> <li>• Discussion regarding appropriate approach of the leader in decision making</li> </ul>
3.00	Afternoon Tea	
3.15	<ul style="list-style-type: none"> <li>• <b>Put it into Practice</b> <ul style="list-style-type: none"> <li>⇒ Identifying Successes</li> <li>⇒ How can you be more successful?</li> </ul> </li> <li>• Review of original questions and expectations</li> </ul>	<ul style="list-style-type: none"> <li>• Development of action plan for implementation on return to work.</li> <li>• Identification of success and continuous improvement</li> </ul>
5.00	Finish	